

Directions for Constructing a Mandala Board

Get 4 sheets of 3/4" plywood which measure 4'x8'. Have four 2 1/2' x 5' sections cut from the 4'x8' sheets. Lay the sections on level ground with 2 sections on the bottom to form a 5'x5' square and two sections laid with the seam running perpendicular to form a 5'x5' square on the top.

Stacked that way you get a very solid, very heavy 5'x5' square that is 1 and 1/2 inches thick.

Screw them together along the seams and around the outside edge and spackle over the seam and screws, and sand until the board is relatively smooth.

Paint the board dark blue: Behr Sapphire Lace #S-G-570, available at Home Depot.