

What Can I Do For Tibet?

GIVE A HAND FOR TIBET

1. Show films
2. Organize presentations & community forums
3. Organize community boycotts
4. Boycott Chinese Goods
5. Educate businesspersons about the importance of Boycotting Chinese goods
6. Write articles & letters for the newspapers
7. Organize interviews with the radio & TV stations
8. Organize press conferences
9. Develop & distribute flyers & posters
10. Organize benefit concerts
11. Telephone 1 person each day & talk with them about China, Tibet, & the U.S.A.
12. Give articles about Tibet to your friends, co-workers, classmates, & relatives
13. Report inaccurate maps & facts about Tibet in books to the publisher
14. Fly the Tibetan Flag at your home, business, and/or school
15. Burn white candles each evening in prominent or public places
16. Walk for Tibet's independence in your community
17. Wear a "Tibet" button
18. Put a bumper sticker on your car & give them to others
19. Set up information tables in public places
20. Write letters to government officials (U.S. & PRC) & human rights' groups. Along with other issues, demand that Gendhun Choekyi Nyima be released

21. Circulate various petitions about Tibet & Tibetans
22. Recite long life prayers for The Dalai Lama & The Panchen Lama
23. Recite prayers to remove the obstacles to restore Tibet's independence
24. Hold silent vigils to symbolize the silent voices of Tibetans in Tibet
25. Visit internet chat rooms each day & educate & discuss Tibet, the PRC, & the U.S.A.
26. Wear rangzen bracelets demonstrating your support for Tibet's independence. Share these bracelets with your relatives, co-workers, & friends
27. Each day, wear the name of a different Tibetan Political Prisoner on your clothing
28. Organize hunger strikes for Tibet
29. Ask your radio stations to play "The Yak Band" (Purchase tape from ITIM)
30. Collect Signatures for Tibet's independence. Return petitions to ITIM
31. Collect Signatures for Boycotting Chinese Products. Return petitions to ITIM
32. Host Tibetans visiting your area
33. Raise Funds to assist Tibet Support Groups

Remember: It is easy for us to do many of these activities. Tibetans inside Tibet, in contrast, could possibly be imprisoned or killed for participating in any one of these activities. Whatever you do for Tibet, please be mindful of this reality.

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